

La Reunion Fencing Academy

Fencing Goals 10/26/05

(this is a survey to help adjust our training program to meet your specific needs)

Please return to Coach Stone)

Name _____

What are your training goals? (for health, recreation, competition, etc.)

How often would you like to train or study a week.

How many days (1,2,3)?

Are there particular days that you prefer?

Are you interested in learning more than one weapon?

What background training do you have in other sports, martial arts, etc.

Do you have any limitations that will require adjustments in trainings (for instance - a bad knee or elbow).

General comments: